

## **10th Grade**

### **How to Guide and Advise Your Sophomore**

*The sophomore year should be a year of personal growth. In addition to working hard in school and being involved in a variety of activities, sophomores need to try to identify their personal abilities, aptitudes, and interests. They should also be looking for ways to further develop their talents and skills.*

**1. Continue to monitor academic progress.**

**2. Continue to encourage your son or daughter to be involved in activities and to develop leadership skills.**

**3. Plan Test**

This is a practice ACT test given in the spring. For more information go to [www.planstudent.org](http://www.planstudent.org) (ACT is a test used for college admissions).

**4. Start to explore and discuss college options**

Gather information, go to college fairs, and make informal visits to colleges. Discuss your son or daughter's aptitudes, interests, and abilities with him/her and begin to view these in terms of possible college majors and/or career options.

**5. Select appropriate courses for the 11<sup>th</sup> grade**

In the spring, review your son or daughter's four-year high school plan, and make sure that he/she selects the most appropriate courses for his/her junior year.

**6. Plan summer activities**

Help your son or daughter choose meaningful activities for the summer months. If possible, look for activities that relate to a career or career field he/she is considering.

**7. Micap-Link [www.michigancap.org](http://www.michigancap.org)**

Every student has an account with Micap which is used for the: Education Development plan, Career Development, and College Searches.

**8. Develop a portfolio**